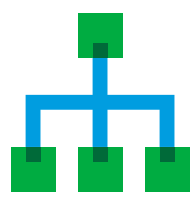


case study

# wellness program redesign

In working with a health system on a medical plan redesign we evaluated the wellness program



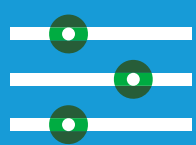
The program included a multi-tiered wellness incentive model related to achieving outcomes-based biometrics and was difficult to administer

## Redesigned wellbeing program with a broader definition of wellbeing

- Activities-driven model with variable points that allow flexibility for employees and employer to adjust annually
- Activities span physical, emotional, financial and social wellbeing
- Minimum requirement to complete an annual PCP visit aligns with system's care model
- Leveraged a combination of internal and external resources to support



## Results



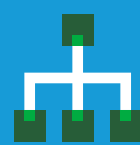
Alignment with internal care delivery model



Increased participation in wellbeing program



Improved employee feedback on program



Simplified administration